



An excellent **100%** pure natural herbal medicine  
for your daily health maintenance routine.



**MINYAK™  
BUAH  
MERAH**  
RED FRUIT OIL



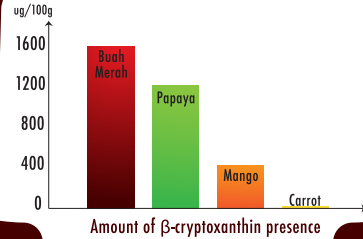
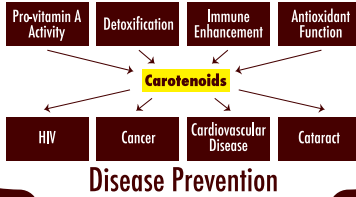
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## **FREQUENTLY ASKED QUESTIONS**



## Biological Activities



An indigenous fruit exclusively from the highland of **Papua island**



### 1. What is Minyak Buah Merah?

Minyak Buah Merah is the oil extract from Buah Merah (Pandanus Conoideus), or commonly known as Red Fruit, which is an indigenous fruit of the highland of Papua region.

### 2. What is so special about Minyak Buah Merah?

Minyak Buah Merah is rich in carotenoids, it has remarkably high concentration of natural  $\beta$ -cryptoxanthin with anti-oxidant properties to fortify your body immune system. The medicinal effect of  $\beta$  cryptoxanthin has been scientifically proven by worldwide researchers.

Buah Merah has the highest concentration of  $\beta$ -cryptoxanthin from natural sources to maintenance your health.



### 3. What is $\beta$ -cryptoxanthin?

$\beta$ -cryptoxanthin is a class of provitamin A compound in carotenoids which contributes to vitamin A supply and prevent vitamin A deficiency.  $\beta$ -cryptoxanthin and carotenoids from fruits and vegetables are a healthy source of anti-oxidant to prevent free radical damage to cells and DNA.

### 4. What are the benefits of Minyak Buah Merah?

Contemporary living has led to unhealthy lifestyle such as high cholesterol diet or smoking. Minyak Buah Merah provides a steady stream of natural anti-oxidants to defend your body system against oxidative stress as a result of unhealthy lifestyle. In addition, Minyak Buah Merah provides a healthy source of Vitamin E, Omega 3,6,9 that are vital for your health maintenance.



Buah Merah products are now popular and hot selling in Japan, Korea and Australia as their routine daily health maintenance supplements.



A rich source of  
**natural Vitamin E, Omega 3,6,9**

#### 8. Who should consume Minyak Buah Merah?

Minyak Buah Merah is very beneficial to smokers, middle aged and working class individuals who undertake stressful and unhealthy lifestyle. However Minyak Buah Merah is recommended to children and teenagers too as a holistic supplement for better health maintenance.

#### 9. Can I consume Minyak Buah Merah during my pregnancy period?

Minyak Buah Merah should be consumed under a physician's advice during pregnancy.

#### 10. How often and how much should I consume Minyak Buah Merah?

A tablespoon of Minyak Buah Merah daily is sufficient for general health maintenance; 2-3 tablespoon of Minyak Buah Merah daily for patients who is undergoing therapy.

Nature's Gems Minyak Buah Merah is the first to be officially certified and introduced into Malaysia under the licensed MAL no. MAL09032156TC.



#### Reference

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